ATOM-OPTICS BILLIARDS

Non-linear dynamics with cold atoms in optical traps

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Abstract
We developed a new experimental system (the “atom-optics billiard”) and demonstrated chaotic and regular dynamics of cold, optically trapped atoms. We show that the softness of the walls and additional optical potentials can be used to manipulate the structure of phase space.

Keywords: Dipole traps, Cold atoms, Chaotic dynamics, Soft walls

1. Introduction

The possibility of using lasers to manipulate, cool and trap neutral atoms has revolutionized many areas of atomic physics, and opened new research fields. In particular, cold atomic samples trapped in far-detuned optical traps are an ideal starting point for further experimental work, since the atoms can be confined to a nearly perturbation-free environment, Doppler shifts are almost suppressed, and long interaction times are possible (Grimm et al., 2000).

Cold atoms have been used before in non-linear dynamics experiments. First, by confining atoms to the minima of a time-dependent amplitude (or phase) periodic optical potential, effects such as dynamical localization were observed for ultra-cold sodium atoms (Raizen, 1999). More recently, a similar system was used to observe chaos-assisted tunnelling (Steck et al., 2001; Hensinger et al., 2001).

The “billiard” (a particle moving in a closed region of coordinate space and scattering elastically from the surrounding boundary) is a well known paradigm of non-linear dynamics and much theoretical work has been done about its properties. An interesting experimental manifestation of classical billiard dynamics is the observation of conductance fluctuations in semiconductor microstructures in the coherent ballistic...
regime (Jalabert et al., 1990; Marcus et al., 1992; Baranger and Westervelt, 1998). The structure of this fluctuations is affected by the classical dynamics of the electrons. Chaotic dynamics were also exploited to construct lasers with a very high power directional emission (Gmachl et al., 1998).

We present a new experimental system, the “atom-optics billiard” in which a rapidly scanning and tightly focused laser beam creates a time-averaged quasi-static potential for ultra-cold Rb atoms (Friedman et al., 2000). By controlling the deflection angles of the laser beam, we create various billiard shapes. As opposed to textbook billiards and other experimental realizations, the particles in our system have an internal quantum structure. The internal degrees of freedom are coupled to the external ones, and spectroscopy can serve as a sensitive probe for the dynamics (Andersen et al., 2003).

In this lectures, we review several classical non-linear dynamics experiments in atom-optics billiards. The dynamics of the atoms confined by such billiards is studied by measuring the decay in the number of confined atoms through a small hole on the boundary. We demonstrate the existence of regular and chaotic motion, and study the effects of scattering by impurities on the dynamics (Friedman et al., 2001). Next, we study the changes in the structure of phase-space induced in a chaotic billiard when the billiard’s boundaries are soft and find that in a chaotic Bunimovich stadium soft walls induce islands of stability in phase-space and greatly affect the system as a whole (Kaplan et al., 2001; Kaplan et al., 2004). Finally, we find that introducing additional potentials can stabilize an otherwise chaotic billiard, or alternatively destabilize an otherwise regular one, by inducing curvature in the particles trajectories between bounces from the billiards walls (Andersen et al., 2002).

2. **Optical Dipole Traps**

The interaction of a neutral atom and a light field is governed by the dipole interaction, and is usually separated into two terms which correspond to a *reactive* force and a *dissipative* force. When an atom is exposed to light, the electric field component $\vec{E}$ induces a dipole moment $\vec{d}$ in the atom, oscillating at the driving light frequency. The amplitude of the dipole moment is related to the amplitude of the field by $d = \alpha E$, where $\alpha$ is the atomic complex polarizability, which is a function of the driving frequency. The interaction of the induced potential with the driving field gives rise to the potential:
Here is the text converted to a plain text representation as if you were reading it naturally:

\[ U_{\text{dip}} = -\frac{1}{2} \left\langle \vec{d} \cdot \vec{E} \right\rangle = -\frac{1}{2\epsilon_0 c} \text{Re}(\alpha)I(\vec{r}), \quad (1) \]

where \( I = 2\epsilon_0 c |E|^2 \) is the light intensity. The reactive “dipole” force is a conservative one, and is equal to the gradient of the above potential. The dissipative force is related to the power the oscillating dipole absorbs from the field, which is given by:

\[ P_{\text{abs}} = \left\langle \dot{\vec{d}} \cdot \vec{E} \right\rangle = \frac{\omega}{\epsilon_0 c} \text{Im}(\alpha)I(\vec{r}). \quad (2) \]

In a quantum picture, the dipole force results from absorption of a photon from the field followed by stimulated emission of a photon into a different mode of the laser field. The momentum transfer is the vector difference between the momenta of the absorbed and emitted photons. The dissipative component has its origin in cycles of absorption of photons, followed by spontaneous emission, in a random direction. Using Eq. 2 we can write then an equation for the rate of spontaneous photon scattering:

\[ \Gamma_{\text{scatt}} = \frac{P_{\text{abs}}}{\hbar \omega} = \frac{1}{\hbar \epsilon_0 c} \text{Im}(\alpha)I(\vec{r}). \quad (3) \]

The atomic polarizability can be calculated by using the solutions of the optical Bloch equations, while translational degrees of freedom are taken into account (Cohen-Tannoudji, 1990). Using this result for a two-level atom, introducing the “Rotating Wave Approximation”, and assuming \( \delta \gg \gamma \), the dipole potential and spontaneous photon scattering rate can be written as:

\[ U_{\text{dip}}(\vec{r}) = \frac{3\pi c^2}{2\omega_0^3} \frac{\gamma}{\delta} I(\vec{r}) \quad \text{(4)} \]

\[ \Gamma_{\text{scatt}}(\vec{r}) = \frac{3\pi c^2}{2\hbar \omega_0^3} \left( \frac{\gamma}{\delta} \right)^2 I(\vec{r}) \quad \text{(5)} \]

where \( \hbar \omega_0 \) is the energy separation of the atomic levels, \( \delta \equiv \omega - \omega_0 \) the laser detuning and \( \gamma \) the natural linewidth of the transition.

The dissipative part of the atom-light interaction is used for laser cooling of atoms (Cohen-Tannoudji, 1990), a pre-requisite for optical trapping. However, spontaneous photon scattering is in general detrimental to trapped atoms, mainly since it can induce heating and loss.
Comparing the expressions for the dipole force and scattering rate, under
the above approximations, yields the relationship

$$\frac{U_{dip}}{\hbar \Gamma_{scat}} = \frac{\delta}{\gamma},$$

which indicates that a trap with an arbitrarily small scattering rate can
be achieved by increasing the detuning while maintaining the ratio $I/\delta$.

Equations 4 and 5 indicate that if the laser frequency is smaller than
the resonance frequency, i.e. $\delta < 0$ (“red-detuning”) the dipole potential
is negative and the atoms are attracted by the light field. The minima
of the potential is found then at the position of maximum intensity. In
the case $\delta > 0$ (“blue detuning”) the minima of the potential is located
at the minima of the light intensity.

Trapping atoms with optical dipole potentials was first proposed by
Letokhov (Letokhov, 1968) and Ashkin (Ashkin, 1970). Chu and cowork-
ers (Chu et al., 1986), were the first to realize such a trap, trapping about
500 atoms for several seconds using a tightly focused red-detuned beam.
Later, a far-of-resonant-trap for Rb atoms was demonstrated (Miller
et al., 1993), with a detuning of up to 65 nm, i.e. $\delta > 5 \times 10^6 \gamma$. In this
case, the potential is nearly conservative and spontaneous scattering of
photons is greatly reduced. A comprehensive review of the different
schemes and applications of such optical dipole traps is presented in
(Grimm et al., 2000). In the limiting case where the frequency of the
trapping light is much smaller then the atomic resonance, trapping is
still possible, practically with no photon scattering (Takekoshi et al.,
1995). Such a quasi-electrostatic trap, formed by two crossed CO$_2$
 laser beams, was used to create a Bose-Einstein condensate without the use
of magnetic traps (Barrett et al., 2001).

Apart from using far-off-resonance lasers, the interaction between the
light field and the atoms can be reduced by the use of blue-detuned
traps, in which atoms are confined mostly in the dark. In the first dark
optical trap cold sodium atoms where trapped using two elliptical light
sheets which where intersected and formed a ”V” cross-section (Davidson
et al., 1995). Confinement was provided by gravity in the vertical direc-
tion and by the beams’ divergence in the longitudinal direction. Many
other configurations where proposed since (Friedman et al., 2002). Of
special importance are traps formed with a single laser beam, which are
particularly simple to align, hence it is easier to optimize their proper-
ties. The simplicity of these traps also enables easy manipulation and
dynamical control of the trapping potential, its size and its shape.
3. Experimental Realization of Atom-Optic Billiards

Friedman and coworkers (Friedman et al., 2000) developed a new dark optical trap for neutral atoms: the ROtating Beam Optical Trap (ROBOT). In the ROBOT a repulsive optical potential is formed by a tightly focused blue-detuned laser beam which is a rapidly scanned using two perpendicular acousto-optic scanners (AOS’s). The instantaneous potential is given by the dipole potential of the laser Gaussian beam:

\[ U(x, y, t) = k \frac{2P}{\pi w_0^2} \exp \left[ -2 \left( (x - x_0(t))^2 + (y - y_0(t))^2 \right) / w_0^2 \right], \]  

where \((x_0(t), y_0(t))\) is the curve along which the center of the Gaussian laser beam scans, \(w_0\) is the laser beam waist, \(P\) is the total laser power, and \(k = \frac{3\pi c^2 \gamma}{2w_0^2} \). When the \(x\) and \(y\) scanners perform a sinusoidal and cosinusoidal scan, respectively, the time-averaged intensity in the focal plane is a ring with a Gaussian cross-section. The radial potential barrier is then given by

\[ U = k \left( \frac{2}{\pi} \right)^{1/2} \frac{P}{2\pi r w_0}, \]  

where \(r\) is the scanning radius.

Several measurements were performed to prove that the potential can be regarded as a time averaged potential (e.g. measurements of the oscillation frequencies of atoms in the trap, and the stability as a function of the scanning frequency).
We used the ROBOT to create what we denoted “Atom-Optics Billiards” \(^1\). By controlling the deflection angles of both AOS’s using arbitrary waveform generators, arbitrary scans are performed independently in the \(x\) and \(y\) direction, thus creating an arbitrary 2D scan of the beam in the focal plane. We create various billiard shapes, such as an ellipse, a circle and a tilted Bunimovich stadium that confine the atoms in the transverse direction (See Fig. 1), and probe their dynamical properties by measuring their decay curve through a hole in their boundary.

The departure of our system from the mathematical definition of a billiard due to interactions, softness of the walls, additional forces acting on the atoms, etc., is probably what makes it interesting, and we will devote most of these lectures to these effects. But first, we would like to explain why, in spite of all the latter, we can treat our optical traps as textbook billiards.

**Three dimensional structure:** The effects we study are two dimensional effects. Fortunately, a large difference exists in time scales for the dynamics in the radial and longitudinal dimensions and enables us to treat the billiards as 2D billiards, provided than our experiments are done in a short enough time. Alternatively, to better approximate a true two-dimensional system, we confine the atoms by a stationary blue-detuned standing wave along the optical axis. Here, the atoms are tightly confined near the node-planes of the standing wave, but move freely in these planes, forming “pancake” shaped traps separated by \(\sim 400\) nm (half the wavelength of the standing wave laser).

**Velocity distribution:** The trap is loaded from a thermal cloud of atoms, and the trapped atoms have a nearly thermal distribution of velocities with a root-mean-square (RMS) width of \(\sim 11v_{\text{recoil}}\), and a typical velocity similar to this width \((v_{\text{recoil}}\) is the velocity acquired by an atoms that recoils after absorbing a single photon, \(6\) mm/s for the \(D_2\) line in \(^{85}\)Rb atoms). To better approximate a mono-energetic case, where all atoms have identical velocity, we expose the atoms, after loading into the billiard, to a short (1.5 \(\mu\)s) pulse of a strong, on-resonance, “pushing” beam perpendicular to the billiard beam and at 45° to the vertical axis. Following this pushing beam, the center of the velocity distribution is shifted to \(20v_{\text{recoil}}\), while the RMS width grows to \(12v_{\text{recoil}}\). After an additional 50 ms of collisions with the billiard’s boundaries, the direction of the transverse velocity distribution is completely randomized by the time the hole is opened.

\(^1\)Optical billiards for atoms were developed also in the Raizen group, simultaneously with our work (See (Milner et al., 2001))
Figure 2. Numerical simulation of two dimensional trajectories of Rb atoms in different atom-optics billiards. (a) Elliptical billiard: Only one of the two existing types of trajectories is shown, for which atoms are confined by a hyperbolic caustic, and thus excluded from a certain part of the boundary. (b) Circular billiard: Nearly periodic trajectories demand an increasingly long time to sample all regions on the boundary. (c) “Tilted” stadium: Every atomic trajectory would reach a certain region in the boundary with a comparable time scale.

Gravitation: Typically, the mean gravitational energy in the traps is $\frac{1}{2} mgh \leq 70E_{\text{recoil}}$, where $h$ is the vertical size of the billiard and $E_{\text{recoil}} = \frac{1}{2}mv_{\text{recoil}}^2$ is the recoil energy. After the pushing beam, the atom’s kinetic energy is $\sim 400E_{\text{recoil}}$ and therefore gravity can be considered a small perturbation. In some cases, this perturbation can be of great importance (as seen in 10.2) but in general it can be neglected.

Collisions: In the range of atomic densities realized in the billiard, the mean collision time between atoms is much longer than the experiment time, hence the motion of the atoms between reflections from the walls can be regarded as strictly ballistic.

Spontaneous Photon Scattering: Scattering events involve a change in momentum and can cause a diffusion in phase space which is destructive to any dynamical effect. To minimize photon scattering and thus ensure ballistic motion of the atoms and elastic reflections from the billiard potential walls, we use far-detuned laser beams to form the billiard ($\delta = 0.5 - 1.5 \text{ nm} > 4 \cdot 10^4 \gamma$) and standing wave ($\delta = 4 \text{ nm} > 3 \cdot 10^5 \gamma$).

We performed also numerical simulations in order to check the above assumption of billiard-like dynamics. The simulations include all our experimental parameters: a Gaussian beam scanning at a finite rate, a thermal ensemble, 3D structure of the beam and atomic cloud, the loading process. Shown in Fig. 2 are typical trajectories of a single atom (the simulation shown here is, for illustrative purposes, a 2D one). The motion of the atom shows the same features of the motion in an
ideal billiard: Periodic or quasi-periodic for the elliptical (Fig. 2a) and circular (Fig. 2b) billiard and chaotic for the Bunimovich “stadium” (Fig. 2c).

Our experimental procedure is described in (Friedman et al., 2001). Briefly, \( \sim 3 \times 10^8 \) atoms are loaded, during 700 msec, from the vapor cell into a magneto-optical trap (MOT) (Raab et al., 1987). Next, after 47 ms of “weak” and “temporally dark” MOT (Adams et al., 1995), and 3 ms of polarization gradient cooling (PGC) (Dalibard and Cohen-Tannouji, 1989), during which the trapping beam is on, we end up with \( 0.5 - 1\times10^6 \) atoms in the billiard with a temperature of \( \sim 10 \mu K \) and a peak density of \( \sim 5\times10^{10} \) cm\(^{-3}\). After all the laser beams are shut off (except for the rotating beam), a hole is opened in the billiard potential, by switching off one of the AOS’s for \( \sim 1 \) µs every scan cycle, synchronously with the scan. The number of atoms remaining in the trap is measured using fluorescence detection, with a 100 µs pulse resonant with \( |5S_{1/2}, F = 3\rangle \rightarrow |5P_{3/2}, F = 4\rangle \). The ratio of the number of trapped atoms with and without the hole, as a function of time, is the main data of our experiments.

4. Integrable and Chaotic Systems

The billiard is a conservative Hamiltonian system. We discuss here some general features of this class of systems. The equations of motion for an \( N \)-dimensional Hamiltonian system are:

\[
\dot{q}_k = \frac{\partial H(\vec{q}, \vec{p})}{\partial p_k}, \quad \dot{p}_k = -\frac{\partial H(\vec{q}, \vec{p})}{\partial q_k},
\]

with \( k = 1 \ldots N \). If there are \( N \) independent, “well-behaved” integrals \( F_i(\vec{q}, \vec{p}) \), that are constant along each trajectory, then the system is called Integrable. For a conservative system, one of this constants is the energy. The trajectory of an integrable system in phase-space lies in the intersection of \( \vec{F}_i(\vec{q}, \vec{p}) = f_i \) where \( f_i \) are constants. Hence, the existence of \( N \) integrals of motion implies that the trajectory is confined to an \( N \)-dimensional manifold, \( \mathcal{M} \), in the \( 2N \)-dimensional phase-space. This \( N \)-dimensional manifold does not have necessarily a simple structure, but if the integrals of motion are “in involution”, i.e. their Poisson brackets with each other vanish \( \{ \vec{F}_j, \vec{F}_k \} = 0 \), then \( \mathcal{M} \) has the topology of an \( N \)-dimensional torus (Schuster, 1984; Gutzwiller, 1990).

A natural way to describe the dynamics is by using a set of coordinates that define (i) on which torus the trajectory takes place, and (ii) a coordinate on the torus. The standard way to do that is by using a canonical transformation to “Action and Angle” coordinates, \( (\vec{I}, \vec{\theta}) \), which are defined as those variables that transform \( \mathcal{H}(\vec{q}, \vec{p}) \) into \( \mathcal{H}(\vec{I}) \),
i.e. a Hamiltonian which does not depend on one of the new variables. Such a transformation always exists for an integrable system (Gutzwiller, 1990). The equations of motion will be then:

\[
\dot{I}_k = -\frac{\partial H}{\partial \theta_k} = 0 \quad \dot{\theta}_k = \frac{\partial H}{\partial I_k} = \omega_k(I) ,
\]

(10)

where \( \omega \) is a constant. The equations are then trivially integrated giving:

\[
I(t) = I(0) \quad \theta(t) = \omega t + \theta(0) .
\]

(11)

\( I \) are the actions of the torus, and \( \theta \) the angles on the torus. Hence, \( \omega = \dot{\theta} \) are the “frequencies” on the torus. Close (“periodic”) orbits occur only if the frequencies have a rational ratio, i.e. \( \frac{\omega_i}{\omega_j} = \frac{m}{n} \) with \( m, n \in \mathbb{N} \), for any \( i, j = 1 \ldots N \). For irrational frequency ratios the orbit never repeats itself but approaches any point on the manifold infinitesimally close in the course of time (we will call this trajectories “quasi-periodic”).

Irregular or non-integrable trajectories fill a subspace with greater dimensionality, possibly with the same dimensionality as the whole phase space. Some of this irregular regions of phase space are “stochastic”, meaning that, although they are deterministic, they display an extremely sensitive dependence on the initial conditions and are unpredictable in the long time. The field of nonlinear dynamics is rich in ways to characterize a system which exhibits stochastic dynamics. For example, an “ergodic” system is one in which time averages (over a single trajectory) are equal to ensemble averages. This implies that every single trajectory “samples” the entire phase space. The extreme case of stochasticity are K-systems or systems exhibiting “strong chaos”, which are defined as systems in which initially close orbits separate exponentially. Terms such as Mixing and positive K-entropy are also commonly used. We will not be concerned with this fine-tuned hierarchy and will denote our irregular systems, in a loose way of speaking, “chaotic”.

It should be noted, that circular, rectangular and elliptical billiards (which exhibit integrable motion), and Sinai and Bunimovich billiards (in which the dynamics is completely chaotic), are the exemptions in Nature. Most systems have a “mixed” phase space in which regular and chaotic regions coexist.

5. Poincaré Surface of Section

Let us restrict ourselves to a 2-dimensional system. Phase space is four-dimensional, and the \( \mathcal{H} = E \) surface has three dimensions. A convenient way to visualize the dynamics is by using a “Poincaré Surface
Figure 3. Two ways to construct a Poincaré surface of section. (a) Phase space is represented using $x$ (the points at which the orbit crosses the $y = 0$ line), and $p_x = v \cos \theta$. (b) Bouncing Map: the usual coordinates are the arc length, $s$, and the tangential momentum $p = \cos \alpha$.

of Section” obtained by recording the successive intersections of a trajectory with an arbitrary plane of section. For example, the $x$ surface of section $S_x$ is the intersection of the energy surface with $y = 0$ and has $(p_x, x)$ as coordinates (see Fig. 3a). The value of $p_y$ is determined by the condition $H(x, y = 0, p_x, p_y) = E$, up to a sign. If we define it as positive, we see that specifying the position of a system on $S_x$ completely specifies its state. An initial point $X_0 = (x_0, p_{x0})$ will cross $S_x$ again at $X_1 = (x_1, p_{x1})$, $X_2 = (x_2, p_{x2})$ and so on. The resulting map $X_i = T(X_{i-1})$ of $S_x$ onto itself (the Poincaré map) is a simplified picture of the dynamics.

Another common way to construct a Poincaré section for a billiard (see Fig. 3b), is by looking at its bouncing map, which specifies the evolution of position and momentum from one collision with the boundary to the next one. The position on the boundary can be parameterized either by the arc length $s$ or the direction of the tangent, $\psi$, and the momentum can be specified using the particle’s direction with respect to the tangent, $\alpha$, or the tangential momentum, i.e. $p = \cos \alpha$ (the coordinates $(s, p)$ are called Birkhoff coordinates).

Repeated iterations of the Poincaré map reveal whether or not the motion is integrable. In the case of integrable motion, the system explores only a 2D torus, and its intersection with $S$ is a smooth, closed curve, which becomes apparent after enough iterations. If the orbit closes (i.e. the motion is periodic) then $X_n = X_0$ for some $n$, depending of the ratio $\frac{\omega_1}{\omega_2}$. The torus in this case is full of such curves, and the curve will appear when the iterations are made for many different starting points $X_0$. In the more common case of irrational $\frac{\omega_1}{\omega_2}$ the curves will be generated by iterating any initial point $X_0$ a large enough number of iterations. For non-integrable motion tori do not exist, and the system explores a three
dimensional region. Its crossings with $S$ will not cover a curve, but a two dimensional region of $S$.

6. Decay through a hole

One way to characterize the dynamics in a billiard is by looking at the escape probability of a particle from it through a small hole in its boundary or, alternatively, at the decay in the number of particles in it as a function of time. This decay rate is strongly related to the decay in the system correlations, which has been a topic of numerous studies (See for example (Friedman and Martin, 1984)). A different functional dependence is expected for chaotic and regular billiards.

Assume that a billiard with area $A$ contains an ensemble of particles with momentum in the range $[p, p + \delta p]$, and that there is a small hole, of length $l$, in the billiard’s boundary. It can be shown (Bauer and Bertsch, 1990) that if the billiard is completely ergodic, the number of particles in it, as a function of time, obeys

$$\dot{N}(t) = N(t)/\tau_c, \quad \tau_c = \frac{\pi A}{lp}. \quad (12)$$

Hence, the decay from a chaotic and ergodic billiard exhibits a universal (i.e. similar for all chaotic billiards) exponential behavior, with a decay time constant $\tau_c$. The decay from an integrable billiard does not have a universal functional dependence, and differs for different billiard shapes. Nevertheless, power-law decays are very common.

It is important to note already at this point that even for “completely chaotic” systems there can be deviations, in the long time tail of the decay curve, from the above exponentiality. For the Bunimovich billiard, for example, an algebraic tail has been observed, when the hole is infinitesimally small (Legrand and Sornette, 1990; Alt et al., 1996). This tail is induced by the marginally stable “bouncing ball” orbits, where a particle bouncing back and forth between the opposite straight lines. An orbit near one of these closed orbits, will perform a “zig-zag” path for many bounces (a “resonance”) before getting lost in the chaos and the particles can “stick” for a long time to the vicinity of the boundary of the marginally stable region. The phenomena of “stickiness” will play an important role in 9. Note that in our experiments, we choose to used a “tilted” Bunimovich stadium, in which the two semi-circles have different size and the straight lines are not parallel, in order to preclude this strong position-dependent correlations between bounces (Vivaldi et al., 1983).
7. Chaotic and Integrable Dynamics

The radius of curvature of a circular billiard is constant along the boundary, and the orbit of a particle in it is composed of a succession of chords making angles \( \alpha \) with the boundary’s tangent (Berry, 1981). The tangential momentum, \( p \equiv \cos \alpha \), is then conserved and the system is integrable. The well-known Bunimovich stadium is composed of two semicircular arcs with radius \( R \) joined by straight lines with length \( L \). For any \( 0 < L < \infty \), the system is chaotic (Bunimovich, 1974). As already mentioned above, we use a “tilted” Bunimovich stadium, in which the two semi-circles have different size and the straight lines are not parallel.

Comparing the atomic trajectories for the circular billiard (Fig. 2b) and the tilted-stadium billiard (Fig. 2c) illustrates what can be denoted a microscopic effect in phase space. Neither of these shapes has a macroscopic stable region in phase space for a hole at any point on the boundary. Nevertheless, as explained in 6, differences in the decay rate are expected. For the circular billiard nearly periodic trajectories exist that require an arbitrarily long time to sample all regions on the boundary (the exactly periodic trajectories that are completely stable have only a zero measure, and hence can be neglected). This yields many time scales for the decay through a small hole on the boundary, and results in an algebraic decay (Bauer and Bertsch, 1990). For the tilted-stadium billiard, phase space is chaotic resulting in a pure exponential decay, with a characteristic decay time \( \tau_c \) (Bauer and Bertsch, 1990).

The experimental decay curves for the circular billiard and the tilted-stadium with identical potential height, area and hole length, and with the hole located at the bottom, are shown in Fig. 4. The area of the circular billiard and the stadium were set to be equal, with a precision of \( \sim 10\% \). The initial decay is nearly identical for the two shapes. This is expected since it takes a certain time for the atomic ensemble to “feel” the shape of the billiard. However, for longer times the decay curve for the circular billiard flattens, indicating the existence of nearly stable trajectories, whereas that of the stadium remains a nearly pure exponential. Also shown in Fig. 4 are the results of full numerical simulations that contain no fitting parameters. The simulations include the measured three dimensional atomic and laser-beam distributions, atomic velocity spread, laser beam scanning, and gravity. As seen, the simulations fit the data quite well. For long times the circular billiard simulations predict greater stability than the experimental data. A possible explanation for this difference are imperfections of the billiard shape. Including im-
perfections in the beam-shape in the simulations yielded similar effects of reducing the long-time stability of the circular billiard. The deviation of the stadium decay curve from the simulation results, can be explained by the existence of a small amount of atoms trapped in areas far from the focus, where the real intensity distribution deviates from the simulated one to a greater extent. Finally, Fig. 4 also shows a pure exponential decay curve with a time constant $\tau_e = 4.9$ ms, calculated with the measured billiard parameters. As seen, it closely resembles the full simulation results, indicating that for this configuration, the stadium behaves nearly like an ideal chaotic billiard (two-dimensions, no gravity, mono-energetic, zero wall thickness). Note, that deviations from a pure exponential decay, representing correlations due to the finite hole size, are expected at long times (Alt et al., 1996; Vivaldi et al., 1983) but occur below the noise level of our experiment.

8. Elliptical Billiard and the Effect of Scattering by Impurities

The motion in an elliptical billiard is integrable (the integral of motion is the product of the angular momenta about the two foci (Berry, 1981)). It can also be shown (Koiller et al., 1996) that if one segment of the trajectory crosses the line connecting the two foci, then every segment will cross it, and hence there are two families of trajectories. First,
“external” trajectories are those that never cross the line between foci. They bounce all round the billiard, and are confined outside elliptical caustics, smaller than the billiard itself but with the same focal points. The second family, “internal” trajectories, are those that cross the line connecting the two focii. They explore a restricted part of the boundary and are confined by hyperbolic caustics, again with the same focal points. Phase space is then macroscopically divided into two separate regions corresponding to the types of orbits described above (Koiller et al., 1996).

The decay in a system with such a non-uniform phase space, is very sensitive to the position of the hole. If it is located at the short side of the ellipse, particles in internal trajectories will remain confined and never reach the hole. Alternatively, all trajectories, excluding a zero-measure amount, reach the vicinity of a hole on the long side of the ellipse and hence the number of confined particles decays indefinitely.

Figure 5 shows the measured survival probability for the elliptical billiard with a 60 µm hole on the long side and on the short side. These measurements are taken without a pushing beam. To minimize the effect of gravity, the ellipse is rotated such that the hole’s direction is perpendicular to gravity for both cases (see inset). The results reveal that the initial decay rate (for the first few points) is identical for both cases, as expected, confirming the experimental accuracy of our shapes and holes sizes. However, at longer times, the survival probability for the hole on the short side becomes much higher than for the hole on the long side,

Figure 5. Decay of the number of atoms from an elliptical billiard: The full symbols denote the unperturbed case, in which the surviving fraction for the ellipse with the hole on the long side (●) decays much faster than for the hole on the short side (○). The insets show CCD camera images of the billiards’ cross-sections at the beam focus. The empty symbols show the case in which a 10 µs velocity randomizing molasses pulse is applied every 3 ms (see text).
The surviving fraction of atoms 150 ms after the hole was opened on the long (□) and short (○) side of the elliptical billiard of Fig. 5, as a function of the repetition rate of the velocity-randomizing molasses pulses. At a rate comparable to the escape rate, $\tau_c^{-1}$, the stability of the trajectories was significantly reduced.

as expected from the discussion above. In general, the stability due to such a macroscopic phase-space separation is very robust and remains nearly unchanged with or without the standing wave, for a large variety of hole sizes, for different orientations of the ellipse relative to gravity, and with small distortions of the ellipse’s potential shape.

Next, we introduce a controlled amount of scattering to the atomic motion. We expose the confined atoms to a series of 10 $\mu$s pulses of PGC (using the six MOT beams) every 3 ms. During each pulse, each atom scatters $\sim$30 photons, and hence its direction of motion is completely randomized, whereas the total velocity distribution remains statistically unchanged. Moreover, the atoms barely move during each short pulse, and maintain ballistic motion between the pulses. Thus, the effect of the pulses resemble the effect of random scattering from fixed points (impurities) or of short range binary atomic collisions. The measured decay curves for this case are also shown in Fig. 6, for the two hole positions of the ellipse. As seen, for the hole on the long side the randomizing molasses pulses cause little change. However, for the hole on the short side, a complete destruction of the stability occurs, and the decay curves for the two hole positions approximately coincide.

This effect is further illustrated in Fig. 6, where the measured survival probability (150 ms after the hole was open) as a function of the repetition rate of the velocity-randomizing pulses, is shown for the two hole positions in the ellipse. As seen, the pulse rate required to significantly reduce the stability is approximately one pulse per $\tau_c$, calculated as 12 ms here, when averaging over the thermal velocity distribution of the atoms.
9. Billiards with Soft Walls

Kolmogorov-Arnold-Moser (KAM) theory provides a framework for the understanding of an integrable Hamiltonian system which is subject to a perturbation (Gutzwiller, 1990). As the strength of the perturbation is increased areas of phase-space become chaotic and eventually only islands of stability, surrounded by a chaotic “sea”, survive. The opposite question is of interest as well: What will happen to a completely chaotic system when a perturbation is applied? will it remain chaotic or will islands of stability appear?. For the billiard system, one such perturbation is making the walls “soft”, as opposed to the infinitely steep potential of the ideal case. This kind of perturbation is also interesting in the context of understanding the origins of statistical mechanics, for which the billiard problem is a widely used paradigm (Zaslavsky, 1999).

The Sinai billiard (Sinai, 1970) is mathematically analogous to the motion of two disks on a two-dimensional torus, an approximation for gas molecules in a chamber, and has been proved to be ergodic. However, if the potential between the two disks is smooth, as is the actual potential between gas molecules, it was shown that elliptic periodic orbits exist, hence the system is not ergodic (Donnay, 1999).

From the practical point of view, physically realizable potentials are inherently soft, and the softness of the potential may result in a mixed phase-space with a hierarchical structure of islands. This structure greatly affects the transport properties of the system (e.g. induces non-exponential decay of correlations), since trajectories from the chaotic part of phase-space are trapped for long times near the boundary between regular and chaotic motion (Zaslavsky, 1999). As an important example, these considerations were studied in the context of ballistic nanostructures, and found to be the cause for the fractal nature of magnetoconductance fluctuations in quantum dots (Ketzmerick, 1996; Sachrajda et al., 1998). However, in these systems the wall softness is often accompanied by non-ideal effects (such as scattering from impurities) and hence its role is still controversial.

For a certain kind of dispersing billiards it was theoretically proven that when the wall becomes soft, an island appears near a singular, tangent trajectory (Turaev and Rom-Kedar, 1998; Rom-Kedar and Turaev, 1999). More recently, and partly inspired by our numerical results, the appearance of an additional island, this time near a corner, was also shown (Turaev and Rom-Kedar, 2003).

The first billiard that we study is a tilted Bunimovich stadium (see insets in Fig. 7), composed of two semicircles of different radii (64 µm and 31 µm), connected by two non-parallel straight lines (192 µm long).
Figure 7. Experimental results for the decay of cold atoms from a tilted-stadium shaped atom-optics billiard, with two different values for the softness parameter: $w_0 = 14.5 \mu m$ (○), and $w_0 = 24 \mu m$ (+), and for two different hole positions. (a) The hole is located inside the big semicircle. The smoothening of the potential wall causes a growth in stability, and a slowing down in the decay curve. (b) The hole includes the singular point, no effect for the change in $w_0$ is seen. Also shown are results of full numerical simulations, with the experimental parameters (see text) and no fitting parameters. The dashed line is $e^{-t/\tau}$, the decay curve for an ideal (hard-wall) billiard. The insets show measured cross-sections of the (averaged) intensity of the laser creating the soft-wall billiards, in the beam’s focal plane. The size of the images is $300 \times 300 \mu m$.

When the potential of the wall becomes softer, a stability region appears around the singular trajectory which connects the points where the big semicircle joins the straight lines.

We use the laser beam $1/e^2$ radius, $w_0$, to set the softness of the billiard’s walls (See Eq. 7), and experimentally control it by the use of a telescope with a variable magnification, located prior to the AOS’s such that $w_0$ could be changed without affecting the billiard’s size and shape. As seen from Eq. 8, the time averaged potential is kept constant for different values of $w_0$ by changing the laser power.

In Fig. 7, experimental results for the decay from a tilted stadium with two different values of the softness parameter ($w_0 = 14.5 \mu m$ and $w_0 = 24 \mu m$), are presented. It can be seen that when the hole is located entirely inside the big semicircle (Fig. 7a), the soft wall causes an increased stability, and a slowing down in the decay curve. When the hole includes the singular point where the semicircle meets the straight line (Fig. 7b), no effect for the change in $w_0$ is seen. We show below that these results can be explained by the formation of a stable island around the singular trajectory, and a sticky region around it. Figure 7 includes also the results of numerical simulations, which include the three dimensional atomic and laser-beam distributions, atomic velocity spread, laser beam scanning and gravity, and no fitting parameters. As
can be seen, there is a very good agreement between the simulated and measured decay curves. Similar decay measurements and simulations for a circular atom-optics billiard show no dependence on $w_0$ in the range $14.5 - 24 \mu m$, and no dependence on the hole position.

To understand these observations, it is useful to look on how the phase-space of the system changes with changing $w_0$. In Fig. 8, results of numerical simulations for classical trajectories of Rb atoms inside the tilted-stadium billiard are shown. For clarity, we assume a monoenergetic ensemble (with $v = 20v_{\text{recoil}}$), a two-dimensional system, and no gravity. The dimensions of the billiard are equal to the experimental ones. Phase-space information is presented using a Poincaré surface of section, showing $v_x$ versus $x$ at every trajectory intersection with the billiard’s symmetry axis ($y = 0$), provided that $v_y > 0$.

In Fig. 8(a), the $w_0 = 18 \mu m$ case is shown. A small elliptic island appears around the trajectory which connects the two singular points, as can be seen also from the upper inset, which shows a trajectory in the island. In the lower inset, a typical chaotic trajectory is shown. For $w_0 < 12 \mu m$, no islands with area larger than $10^{-4}$ of the total phase-space (the resolution of the simulations) are observed. In general, the island size increases with the increase of $w_0$, as can be seen from Fig. 8(b),(c) which correspond to $w_0 = 27, 30 \mu m$, respectively. For $w_0 = 27 \mu m$, three additional islands appear around the central one, and correspond to the periodic trajectory shown in the upper inset.
Figure 9. Fraction of remaining atoms at $5\tau_c$ after the hole is open, as a function of the softness parameter ($w_0$), for a hole in the big semicircle. (+): experimental results, (c): numerical simulation. The dashed line is $e^{-5}$, the expected value for small $w_0$. Also shown are values for the island (▲) and island + stickiness (●) sizes as a fraction of the phase-space area, calculated from the two-dimensional phase-space simulations.

Around these islands there is a large area of "stickiness" \(^2\), where the trajectories spend a long time. Such a "sticky" trajectory is presented in the lower inset of Fig. 8(b). The exact structure of the island and its vicinity depends on the softness parameter $w_0$ in a sensitive way, as can be seen from the $w_0 = 30 \mu$m case (Fig. 8(c)), where the three previous islands merge with the central one into one big elliptic island, with some stickiness around it.

In Fig. 9, the measured fraction of remaining atoms at $5\tau_c$ (= 42.5 ms) after a hole is opened in the big semicircle is plotted as a function of the softness parameter, $w_0$, together with the results of numerical simulations. A very good agreement exists between the decay simulations and the measured data, and both converge to the expected value of $e^{-5}$ for small $w_0$. To intuitively understand the origin of the increased stability, the results of numerical simulations, showing the relative area in phase space of the island and the combined area of the island and the "sticky" regions, are also presented. The simulations reveal that the total area size of the island and sticky regions grows monotonically with $w_0$, in a similar way to the decay results. The island size itself is much smaller, and its size has a non-monotonic dependence on $w_0$. These facts suggest that the remaining atoms in the experiment, at $5\tau_c$, are mainly

\(^2\)We define a "sticky" trajectory as one which spends inside a box surrounding the island (shown in Fig. 2) a time which is more than \times 3 longer than expected for a random trajectory.
due to stickiness and demonstrate the important effect of the stickiness on the dynamics of the billiard.

10. Billiards with Curved Trajectories

If particles in the billiard move in straight lines between bounces from the wall, then the movement between them is neutral, and the dynamics is determined solely by the shape of the boundary. Exponential separation of close trajectories (chaotic dynamics) can only occur if the boundary introduces sufficient instability. But if particles move along curved trajectories between bounces from the wall the dynamics crucially depends on the specific properties of this motion (we call these billiards “curved-trajectory billiards”). Curved trajectory billiards have been found relevant for micro devices (Takagaki and Ploog, 2000), and much effort have been put into studying them. In these studies the curvature of the trajectory arises from a magnetic field (Tasnadi, 1997; Robnik and Berry, 1985; Gutkin, 2001; Dullin, 1998) or from the curvature of the surface on which the billiard is made (Gutkin et al., 1999). Billiards where gravity provides the confining force along its axis have been studied experimentally, theoretically and numerically (Lehtihet and Miller, 1986; Wallis et al., 1992; Hughes et al., 2001; Milner et al., 2001). Theoretical work on billiards where the curvature is caused by additional forces, both a constant force field and a parabola potential, have been done (Dullin, 1998), and the stability conditions of one-periodic and symmetric two-periodic orbits were found.

We investigate classical dynamics of curved-trajectory billiards that would have been hyperbolic if the particle had moved in straight lines. We introduce the curvature by applying external force fields on the particle. We investigate two special cases: (a) a uniform force field (trajectories are sections of parabolas), and (b) a parabola potential (trajectories are sections of ellipses if the potential is attracting, and sections of hyperbolas if the potential is repulsive). These perturbations can lead to the formation of elliptical orbits in hyperbolic billiards. We experimentally demonstrate these effects using atom-optics billiards.

10.1 Periodic Orbit Stability

A periodic trajectory exists in the billiard if there is a “fixed point” in its Poincaré map, $T$. In general, the map is nonlinear and cannot be written as a $2 \times 2$ matrix. In order to analyze the stability of an orbit, we introduce the “stability matrix”, $M$, which is a locally linearized version of $T$, and controls the evolution of an initially infinitesimal deviation from the starting point. Periodic orbits can be either stable or unstable,
in the sense that an initial orbit, starting at \((s_0 + \delta s_0, p_0 + \delta p_0)\), with \(\delta s_0\) and \(\delta p_0\) infinitesimally small, will remain close to the periodic orbit starting at \((s_0, p_0)\) or become distant from it, when the map is iterated. After \(N\) iterations, the periodic orbit returns to its initial value, and the stability of the orbit is determined by the eigenvalues of \(L \equiv M^N\), which are given by:

\[
\lambda_{\pm} = \frac{1}{2} \left\{ \text{tr} \, L \pm \left[ \left( \text{tr} \, L \right)^2 - 4 \right]^{1/2} \right\}. \tag{13}
\]

If \(|\text{tr} \, L| < 2\) then both eigenvalues have absolute value equal to unity and are complex conjugates of the form \(\lambda_{\pm} = \exp \left( \pm i \beta \right)\). The deviations from the periodic orbit oscillate around zero, but remain bounded. Hence, the orbit is stable or “elliptical”. If \(|\text{tr} \, L| > 2\) then both eigenvalues are real, positive and reciprocals of each other, \(|\lambda_{\pm}| = \exp \left( \pm \gamma \right)\). Because of the positive exponent deviations will grow exponentially and the orbit is unstable or “hyperbolic”.

We limit ourselves to a two-bounce orbit, with impacts on both sides at normal incidence. In this case, the trace calculation leads to the well known geometrical stability conditions, in terms of \(\rho\), the distance between the two scattering points, and \(R_1\) and \(R_2\), the corresponding radii of curvature, defined as positive if the particle scatters from a concave surface:

\[
\text{tr} \, L = 4 \frac{\rho^2}{R_1 R_2} - 4 \left( \frac{1}{R_2} + \frac{1}{R_1} \right) \rho + 2. \tag{14}
\]

Note, that these are the same condition as geometrical optics gives for the stability of a cavity.

### 10.2 A Constant Force Field

We first see how the presence of a uniform force field (constant acceleration \(g\)) affects the stability. The motion in between bounces is no longer in straight lines, but along sections of a parabola. For simplicity we assume a two-periodic orbit along the force field. We assume that the particle possesses enough kinetic energy to access the entire billiard and further limit ourselves to an orbit which is in the direction of the force field \(\vec{F}\). In this case the linearized Poincaré map is given by:

\[
\text{tr} \, L = 2 - 4 \left( \frac{p_2}{R_2} + \frac{p_1}{R_1} \right) t + 4 \frac{p_1}{R_1} \frac{p_2}{R_2} t^2. \tag{15}
\]

where \(p_1\) and \(p_2\) are the magnitudes of the velocities at encounters with the wall and \(t\) is the time it takes the particle to move from one bounce
Figure 10. Poincaré surface of sections for classical trajectories of Rb atoms inside the half Bunimovich billiard, with the parameters used in the experiment. (a) with arc up: a large island of stability appears around the vertical two-periodic orbit. (b) with arc down: completely chaotic phase-space. Similar phase-space diagrams with no gravity reveal a similar completely chaotic phase-space. Insets show typical trajectories to the next. This trace is very similar to the trace without a force field. There are in general four solutions to the equation \(|\text{tr } L| = 2\) (just as without the force field), namely \(t = 0, t = \frac{R_2}{p_2}, t = \frac{R_1}{p_1}\) and \(t = \frac{R_2}{p_2} + \frac{R_1}{p_1}\). Since \(\rho = -\frac{1}{2} g t^2 + p_1 t\), an interpretation identical to the one without the force field is also valid, provided that instead of the geometrical radii of curvature \(R_i\), we define a pair of “effective” radii given by:

\[
\widetilde{R}_i = R_i + \frac{1}{2} g \frac{R_i^2}{p_i^2}
\]

Using the effective radius the stability can be found from Eq. 14. Note that these effective radii correspond to a new pair of center points, which are now no longer the geometrical centers but are shifted by the force field to: \(\widetilde{C}_i = C + \frac{1}{2} g \frac{R_i^2}{p_i^2}\). The shifted centers correspond to points where orbits starting on the osculating circle, and perpendicular to it, will cross.

In the shifted center picture it is now clear that a uniform force field can make stable islands in a hyperbolic billiard of the Bunimovich kind. We demonstrate this experimentally in half a Bunimovich stadium which is obtained by cutting it with a straight wall along its short symmetry axis (see insets in Fig. 11a). This preserves the hyperbolicity of the billiard without a force field. As a force field we use gravity. The half Bunimovich stadium is placed with gravity along its symmetry axis and the arc up. The expression for the gravity-shifted centers indicates that,
for atoms with low enough mechanical energy, the center of the upper arc is shifted to outside the billiard, and thereby the orbit becomes elliptical, and an island of stability appears (the center of the lower line is always at infinity). Alternatively if the billiard is turned upside down, i.e. the sign of $g$ is changed, the gravity-shifted center is inside the billiard and it stays hyperbolic. We stress that although the stability of this orbit is determined in the shifted center picture, the dynamics of the entire billiard is not equivalent to the dynamics of a billiard without a force field constructed according to the shifted centers. Indeed, we will see new effects such as mixed phase-space and energy dependent stability, which would not occur in equivalent billiards without a force field.

Our half Bunimovich stadium is composed of a semicircle of radius $R_1 = 158 \mu m$ connected to a straight section ($R_2 = \infty$) by two 47 $\mu m$ straight sections. The velocity regime for which the vertical two-periodic orbit is stable is $10.5 \, v_{\text{recoil}} < p_2 < 14 \, v_{\text{recoil}}$ for the arc up (velocity measured at the lower straight section). This velocity interval is populated in the experiments due to the atomic velocity spread. To map phase-space we performed numerical simulations of the experiment. Fig. 10 shows the result of the simulations in the form of a Poincaré surface of section. As seen in Fig. 10a (the arc up), a large stable island is generated by gravity around the orbit predicted to be elliptical. We also performed simulations without gravity, which revealed a completely chaotic phase-space, similar to the arc down picture in Fig. 10b.
The experimental results are shown in Fig. 11a. The fraction of remaining atoms is detected both with the arc up and with the arc down (where the two-periodic orbit is always unstable). Large stability is clearly observed for the arc up in agreement with the above description. A slowing down of the decay is seen also with the arc down for $t > 40 \text{ ms}$. This we attribute to $\sim 1\%$ fraction of slow atoms that do not reach the upper section of the billiard, and are trapped in the lower arc by the principle described in (Wallis et al., 1992). This is verified by observing the same fraction of remaining atoms at $t > 40 \text{ ms}$ without the upper straight section. When the same was done with the arc up, leaving only the lower straight section, no stability was detected, as expected.

10.3 Parabolic Potential

We next consider what happens if the atoms move in an attractive harmonic potential, so the trajectories in-between scattering from the walls are sections of ellipses. For simplicity we view only what happen to orbits along the radial direction of the potential. The motion in between bounces follows the equation of motion $\ddot{x} = -\omega x$, and together with the initial conditions $x(t = 0) = x_1$ and $p_x(t = 0) = p_1$, we calculate for the trace:

$$\text{tr } L = 2 \left[ 1 + 2 \left( \frac{p_1 p_2}{\omega^2 R_1 R_2} - 1 \right) \sin^2 \omega t - \frac{1}{\omega} \left( \frac{p_2}{R_2} + \frac{p_1}{R_1} \right) \sin 2\omega t \right].$$

(17)

The stability can again be found from Eq. 14 using shifted centers or effective radii. The center of the coordinate system is at the center of the potential, and the shifted center will be at

$$\bar{C}_i = \pm C_i \sqrt{1 + \left( \omega R_i / p_i \right)^2},$$

(18)

where the minus refers to $R_i < -p_i^2 / (\omega^2 |x_i|)$. $x_i$ is the position of the scattering point. From the shifted centers we see that, in contrast to the uniform force field, a two-periodic orbit can become elliptical even if $R_1$ and $R_2$ are both negative, since the $R$ corresponding to the shifted centers can be positive even though the geometrical $R$ is negative ($R_i < -p_i^2 / (\omega^2 |x_i|)$). This means that islands of stability can occur.

---

$^3$Defining the shifted center of the osculating circle as the point where orbits starting perpendicular to it and displaced an infinitesimal distance along it cross, leads to that every circle have two centers (orbits are ellipses so they cross the x-axis twice). The stability of the orbit can be determined from one of the centers, and the $\pm$ makes sure that it is the correct one that is used.
around two-periodic orbits in dispersing billiards and Sinai billiards. It is also easily seen that a potential placed asymmetric on the long symmetry axis in a Bunimovich stadium can change the stability of the orbit.

We observed islands of stability induced by an attractive parabolic potential experimentally in a dispersing billiard. The billiard is 220 µm high and consists of four convex arcs with the same curvature for each opposite pair (see inset of Fig. 11b). Two of the arcs have a small radius of $R = -130$ µm and the other two are very weakly curved with a radius of $R = -1$ cm. The parabolic potential is generated by overlapping a standing wave with the billiard (an additional retro-reflected laser beam). The standing wave is red-detuned 2.5 nm from resonance and has a radial Gaussian profile with dimensions larger than the dimensions of the billiard ($w_0 = 244$ µm), so the potential inside the trap can be approximated with a parabolic potential (the effect of gravity is then simply to shift the center of the potential). The decay curve was measured for several powers of the red-detuned laser beam. The results, presented in Fig. 11b, clearly show a slowing down of the decay as the power grows, indicating that an island of stability is formed and grows in size for stronger attractive potentials. When the hole was placed in the bottom of the billiard, we observed a fast decay independent of the strength of the parabolic potential, indicating that the island is indeed formed around a vertical trajectory. It was also verified that no atoms were trapped in the red detuned standing wave by itself for the powers we used. We performed numerical simulations that confirmed that the island is centered around the two-periodic orbit we predict should become elliptical.

11. Summary

A new experimental system, the “atom-optics billiard”, was introduced in this lectures, and several non-linear dynamics experiments were reviewed. First, the validity of the system as an experimental realization of the billiard model was assessed by the observation of integrable and chaotic motion of cold atoms. Next, we introduced a controlled amount of scattering to the atomic motion by exposing the confined atoms to a series of resonant light pulses. The measured decay curves for an originally stable case show that a complete destruction of the stability occurs.

Next, a numerical and experimental observation of the formation of islands of stability in a billiards with soft walls was presented. An island of stability was demonstrated in a tilted Bunimovich stadium billiard,
around the periodic trajectory that connects the points where the big
semicircle joins the straight lines. Our results show that the appearance
of a stable island in a soft-wall billiard is in general accompanied by areas
of “stickiness” surrounding it. Although the size of the stable island is a
sensitive function of softness, not always showing a monotonic behavior,
the “sticky” trajectories modify this behavior and, in general, introduce
a monotonic slowing down in the decay of the number of trapped parti-
cles, as the walls are made softer.

Finally, we analyzed the effect of adding potentials on billiards, and
found that they can cause elliptical orbits in otherwise hyperbolic bil-
liards. We experimentally demonstrated these effects and also found
that an unstable cavity placed in gravity can serve as a velocity selective
cavity which is stable only for a narrow velocity group.

Our research provides a well-controlled system for investigations of
classical and quantum chaos, and a great degree of control on the struc-
ture of phase space. Combined with the ability to perform precision
spectroscopy, our system may have both fundamental and practical im-
portance: From the fundamental point of view, the spectroscopy can
serve as a very sensitive probe for the dynamics (Andersen et al., 2003),
and in particular shed some light on the quantum-classical crossover (An-
dersen et al., 2004a; Andersen et al., 2004b). From the practical point
of view, our system provides a playground for studying the connection
between dynamics and decoherence, which is of utmost importance in
the emerging field of Quantum computation. In addition, understand-
ing this connection will help develop methods to increase the coherence
time for trapped atoms, and thereby further improve the precision and
accuracy of spectroscopic measurements.

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